

# Sylvia Wong MSc, BSc (Hons), Adv Dip, Dip HE

## Sports Therapist

### Qualifications

- Working towards Msc Sport & Exercise Physiology
- BSc (Hons) Sport and Exercise Science
- Advanced Diploma in Sport Therapy
- Sports Therapy Organisation-Gold (level 5)
- REPS Advanced Instructor Level 3
- CYQ Level III Personal Training
- Diploma of higher education in Sport and Exercise Development
- B.T.S Les Mills Body Pump Instructor
- B.T.S Les Mills Body Combat Instructor
- B.T.S Les Mills Body Balance Instructor
- NVQ Level II Gym Instruction
- Speedo Aqua Shallow